

HERTFORDSHIRE COUNTY COUNCIL

GADE VALLEY PRIMARY SCHOOL

Headteacher: Mr Daniel Barron BA Honours,
PGCE, NPQH

Telephone : 01442 391324
Email : parents@gadevalley.herts.sch.uk



GADEBRIDGE ROAD
HEMEL HEMPSTEAD
HERTS HP1 3DT

Website: www.gadevalley.herts.sch.uk

Dear Parents/carers

I am pleased to tell you that we will be offering Bikeability Training for Year 6 at school.

This training is designed to give children the skills and experience to cycle safely and confidently. It is 'cycling proficiency' for the 21st century and involves cycling in both an off-road playground environment and on roads around the vicinity of the school.

Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more. The course will be run by the Cycle Training Team at Hertfordshire County Council and will cost families £25:00 per child. The course is part funded by the County.

The course will run from Monday to Friday (mornings only) starting at 9.30am week commencing 13th October 2025.

Your child will need to bring with them for all their course sessions:

- **Bike** - Children must bring a roadworthy bike to the school by 8:30 on the morning of the first day of the course to be checked by an instructor before the start of the course. It must have two working brakes, properly inflated tyres and be the appropriate size for your child. Please note that children will not be able to take part if their bike is considered unsafe. (This is compulsory).
- **Helmet** - All children must have their own helmet for the duration of the course. This should be an appropriately sized cycling helmet that, ideally, has the safety certificate: Snell 50/95, BS. Please note, these items are both compulsory. Bikes will be stored inside the school building overnight should pupils not want to take them home each day.

The Level 1 course will take place in the school playground and the Level 2 course on local roads that are judged to be appropriate for the course. Level 1 is necessary to establish that all children have the skills necessary to proceed to Level 2. Each trainee will receive a certificate and badge for the level that they have achieved.

Please send an e-mail to parents@gadevalley.herts.sch no later than Monday 15th September 2025 if your child wishes to participate so that we can inform The Cycle Training Team how many children will be participating in the course. Payment should be made via Arbor no later than the 10th October 2025.

Yours sincerely

Mr D Barron